

## Sandhill's Availability to the Community

In response to the increased health risks associated with COVID-19, we are taking measures to do our part in preventing the spread of the virus and ensuring that counseling services are still made available to the community.

The office is being disinfected regularly, and we have sanitizer available in all our clinical spaces. We are staggering appointment times to reduce the number of people at the practice at one time.

As closures of schools, daycares and businesses happen, we understand that coming to the office may be more difficult. All of our therapists have the capacity to offer teletherapy, meaning that all clients can connect with their therapist by computer or mobile device from home when unable to come to the office for counseling. Please call our office or your therapist for more information on these services.

We encourage any client experiencing cold or flu like symptoms, of if you have traveled in the past 14 days, to call the office and request to reschedule or to meet with your therapist via teletherapy. If you elect to use teletherapy, you will get an email invitation to participate in your counseling session.

We are continuing to schedule first-time appointments. Please call 636-379-1779 or email info@sandhillcounseling.com

We know that there is much going on and that there is a lot of uncertainty. On the other hand, if we each do our part, this a grand opportunity to care for humanity in a way that will make history.

Sandhill is honored to provide compassionate and professional mental health services to our community always, and especially during a time of severe need. Our clinical team has an abundance of skill, smarts, compassion and dedication. We will continue to be of service in all the ways we can.

-Monica Lieser

Owner, Sandhill Counseling & Consultation